



Commonwealth Gold Medalist-Weightlifter Pushparaj Hegde P inaugurates the All-India Inter-NIT Sports Meet at NITK in Surathkal.

All-India Inter-NIT Sports Meet begins at NITK

MANGALURU, DHNS: The National Institute of Technology Karnataka (NITK), Surathkal is hosting the All-India Inter-NIT Sports Meet 2K22-23 (Volleyball, Kabaddi and Yoga) at NITK in Surathkal till January 22.

Over 1,000 athletes from 25 different NITs across the country are participating in the event. It was inaugurated on Friday.

Commonwealth Gold Medalist, Weightlifter Pushparaj Hegde P, in his inaugural address, encouraged the youths to engage in sports for not only being physically fit, but also for the emotional

well-being.

He said that the Centre's initiatives, such as Khelo India and Fit India, aim at inculcating team spirit, enhancing the analytical thinking and instills leadership skills, goal setting and risk-taking abilities to lead to a healthy and a strong nation.

NITK Director In-charge Prof G C Mohan Kumar said, "This national-level meet will provide an excellent opportunity to young athletes to exhibit their skills and competency in athletics and also to share and learn from the experience of others."